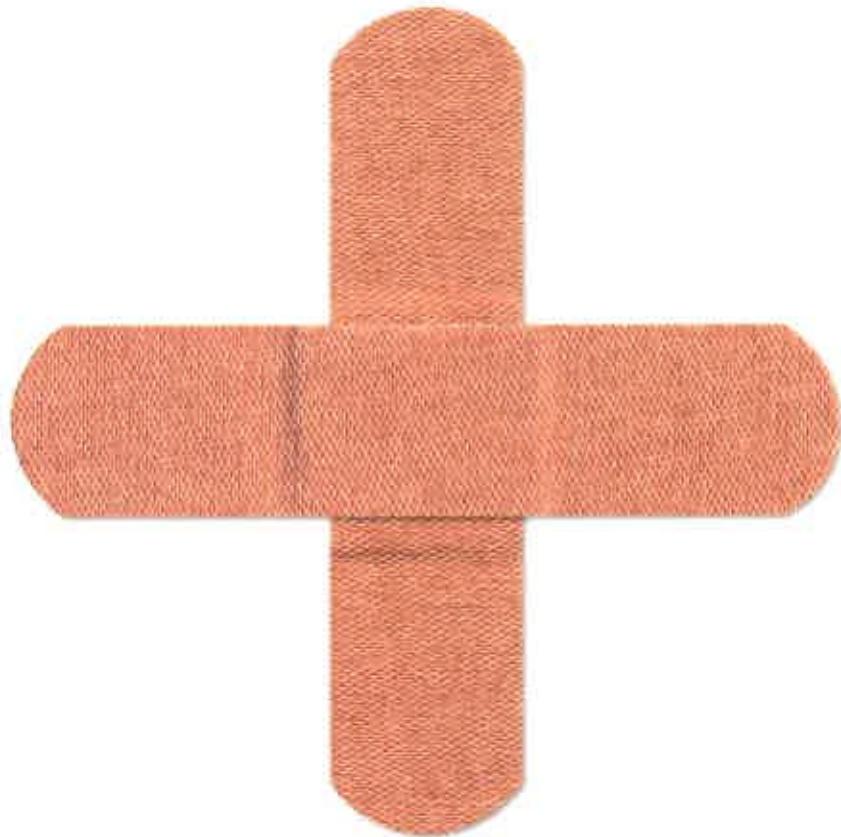




Welcome to First Lutheran!

Saturday, July 29, 5:00pm

Sunday, July 30, 8:30 & 9:45am



Prayers for Healing Service

Welcome

Visitors: Welcome to First Lutheran, we are glad you are here! We would appreciate you taking the time to fill out the blue Welcome Card located in each pew, and placing it in the offering plate, or turning it in at the Welcome Center. We also invite you to stop by the Welcome Center and pick up a *Welcome Gift Bag*. Thank you for worshipping with us and we look forward to seeing you again!

My Offering Pew Envelopes are located in each pew. Place your cash or check in the envelope, then place it in the offering plate during worship. If you would like your offering recorded on your member record, please include your name on the pew envelope.

Nursery: Our nursery is open during the 8:30am and 9:45am worship. The nursery is located on the preschool level of the building. Please note, it is not staffed during the summer.

Large Print Bulletin and Hearing Assists are available for worship. An usher can help you locate these items.

Check out the Children and Youth area in the back of the Sanctuary.

Busy Bags and Children's Bulletins are available for use during worship. An usher can assist you if necessary.

FLY Sermon Notes and KICK Worship Notes are available on the shelves for easy access.

Lost and Found items can be found in the box and coat rack near the elevator.

Radio: Every Sunday the 9:45 AM worship service of First Lutheran is broadcast on station [KXRA 1490 AM \(100.3 FM within 15 mile radius of Alex\)](http://www.KXRA.com), or go to www.KXRA.com for live streaming of the 9:45 AM worship service, in the upper **RIGHT** hand corner located just above the menu bar click on "Listen Live". For weather-related announcements—"LIKE" us on our Facebook page or sign up for text alerts at www.facebook.com/firstlutheranalexandria

E-news: If you have not yet signed up for our E-News but are interested in receiving it, please email kari.vanwakeren@firstlutheranalexandria.com so that you can be added to our E-News e-mail group. This is different from the Focus in that it offers just a snapshot of the upcoming week's activities.

Summer Worship Schedule

Saturday: 5:00pm **Sunday:** 8:30am & 9:45am

Lake Carlos State Park Worship: Sunday, 10:30am **City Park Worship:** Sunday, 11:00am

**In the case of inclement weather, please listen to KXRA 1490 AM for any announcements.

All weekend bulletin announcements are due to Ruth Nelson, Administrative Assistant, by 12:00pm on Friday, one week prior to the bulletin, (8 days before the bulletin date). Please send to admin@firstlutheranalexandria.com



July 29-30, 2017

5:00pm, 8:30 & 9:45am Worship

Mission Statement: First Lutheran is a vibrant Christian community committed to connecting faith and life for people of all ages through worship, learning, and serving in Jesus' name.

Congregation (☑) responses are shown in **BOLD** print...

When response is needed for specific services it will be indicated as 5=5:00, 8= 8:30, 9=9:45.

We ask that you please silence your cell phone during the worship service. Thank you.

Gathering

The Holy Spirit calls us together as the people of God.

PRELUDE

Randy Morken

BELL

WELCOME

GATHERING SONG ELW #765

"Lord of All Hopefulness"

CONFESSION AND FORGIVENESS

Silence is kept for reflection...

☐ Gracious God, our sins are too heavy to carry, and too deep to undo on our own. It is only by your grace and mercy that we can be forgiven and changed. Thank you for knowing, and understanding us. Have mercy on us, forgive us, and heal us, that we might be freed and made new, in Jesus' name.

☑ **Amen.**

☐ The Lord is compassionate and gracious; slow to anger and abounding in loving kindness. As far as the East is from the West, so far has he removed our transgressions from us.

☑ **Amen.**

GREETING

☐ The Lord be with you.

☑ **And also with you.**

PRAYER OF THE DAY

- ☑ Gracious God, when we are afraid, give us courage;
when we feel weak, give us strength;
when we are afflicted, give us patience;
when we are ill, grant your healing;
when we feel lost, give us hope;
when we feel alone, remind us of your presence;
In the name of Jesus Christ we pray. Amen.

As children come forward, we sing "Jesus Loves Me"...

CHILDREN'S TIME

Pastor Greg

**Jesus loves me! This I know, for the Bible tells me so;
Little ones to him belong, they are weak, but he is strong.**

**Yes, Jesus loves me, yes, Jesus loves me.
Yes, Jesus loves me, the Bible tells me so.**

SPECIAL MUSIC

(5) Paula Odland
(8/9) Judi Morton and Ann Koudela

Word

God speaks to us in scripture reading, preaching, and song.



PSALM: Psalm 121

- ☐ ¹I lift up my eyes to the hills— from where will my help come? ²My help comes from the Lord, who made heaven and earth. ³He will not let your foot be moved; he who keeps you will not slumber. ⁴He who keeps Israel will neither slumber nor sleep. ⁵The Lord is your keeper; the Lord is your shade at your right hand. ⁶The sun shall not strike you by day, nor the moon by night. ⁷The Lord will keep you from all evil; he will keep your life. ⁸The Lord will keep your going out and your coming in from this time on and forevermore
- ☐ Word of God. Word of Life.
- ☑ Thanks be to God.

Please stand as you are able...

GOSPEL READING

- ☐ The Holy Gospel according to Mark the 1st chapter, verses 29-34.
- ☐ ²⁹As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. ³¹He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. ³²That evening, at sundown, they brought to him all who were sick or possessed with demons. ³³And the whole city

was gathered around the door. ³⁴And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

- L** The Gospel of the Lord.
- C** Thanks be to God.



Pastor Greg Billberg

SERMON SONG ELW #612

“Healer of Our Every Ill”

APOSTLES' CREED

- P** God has made us his people throughout Baptism into Christ. Living together in trust and hope, we confess our faith.
- C** **I believe in God, the Father almighty,
creator of heaven and earth.
I believe in Jesus Christ, God’s only Son, our Lord,
who was conceived by the Holy Spirit,
born of the virgin Mary,
suffered under Pontius Pilate,
was crucified, died, and was buried;
he descended to the dead.
On the third day he rose again;
he ascended into heaven,
he is seated at the right hand of the Father,
and he will come to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

PRAYERS OF INTERCESSION

- P** Gracious God, as your Son, Jesus healed many and called us to continue his ministry of healing and reconciliation, we now entrust to you all who are in need. We ask for healing of all strife, between nations, communities, and individuals. Lord in your mercy,
- C** **hear our prayer.**

- P** We pray today for all who are depressed and deal with anxiety. We ask for the healing of memories for those who struggle with the burden of the past. We pray for all who have been hospitalized and who continue to recover and remember especially... Lord in your mercy,
- C** **hear our prayer.**
- P** We pray for those increasing in years and for all whose health and well-being are a challenge. We remember those who have lost loved ones, especially... May your healing touch encourage, and renew our hope. Lord in your mercy,
- C** **hear our prayer.**
- P** Generous God, we are so grateful for your promise that you listen when we call out. Give us the grace to trust in your mercy, for all for whom we pray.
- C** **Amen.**
- P** Jesus' invitation to us is, "Come unto me all who are weary and heavy laden, and I will give you rest." We take these moments to place ourselves and the burdens of the world into God's strong and faithful hands.

INDIVIDUAL PRAYERS FOR HEALING

You are invited to come forward for prayer at the front of the sanctuary, waiting in the center aisle until prayer for the person(s) ahead of you is completed.

If you choose to remain seated, you may use this time for personal prayer. Join in on the following songs, as you are able.

"Come By Here, My Lord" (Kumbaya)

**Verse One: Come by here, My Lord, come by here
Come by here, My Lord, come by here
Come by here, My Lord, come by here
O Lord, Come by here.**

**Verse Two: Someone's crying Lord, come by here
Someone's crying Lord, come by here
Someone's crying Lord, come by here
O Lord, come by here.**

**Verse Three: Someone's suffering Lord, come by here
Someone's suffering Lord, come by here
Someone's suffering Lord, come by here
O Lord, come by here.**

**Verse Four: Someone's praying Lord, come by here
Someone's praying Lord, come by here
Someone's praying Lord, come by here
O Lord, come by here.**

“O Lord, Hear My Prayer”

O Lord, hear my prayer, O Lord, hear my prayer:
When I call, answer me.
O Lord, hear my prayer, O Lord, hear my prayer:
Come and listen to Me.

“Come and Fill Our Hearts”

Come and fill our hearts with your peace.
You alone, O Lord, are holy.
Come and fill our hearts with your peace.
Alleluia.

“Hear Our Prayer”

Hear our prayer, hear our prayer,
Lord, make us whole:
Peace to all people, hope for each soul.
God grace, in this place,
Hear now our prayer.

“I Love You Lord”

I love you Lord, and I lift my voice
To worship You, O my soul rejoice.
Take joy, my King, in what you hear,
May it be a sweet, sweet sound in Your ear.

“Open Our Eyes Lord”

Open our eyes, Lord; we want to see Jesus
To reach out and touch Him
And say that we love Him
Open our ears, Lord; and help us to listen,
Open our eyes, Lord, we want to see Jesus.

“Lord, Listen to Your Children Praying”

Lord, to your children praying,
Lord, send your Spirit in this place;
Lord, listen to your children praying,
Send us love, send us pow’r, send us grace.

PRAYER

- 📖 Living God, we give thanks for this time of healing. We place each person here into your strong hands, trusting in you alone. We ask this through Christ our Lord.
- 🕊 Amen.

Meal

God feeds us with the presence of Jesus Christ.



OFFERING

An option we now provide is to give by text: 320.500.6014

OFFERING PRAYER

- ☑ God of grace, it is our delight to give these gifts to you. All that we are and all that we have are yours alone. Accept this offering as a token of our love, in Jesus' name. Amen.

LORD'S PRAYER

- ☑ Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom, and the power, and the glory,
forever and ever. Amen.

Sending

God blesses us and sends us in mission to the world.



BLESSING

- ☑ May our good and gracious God, bless and sustain you with his presence, defend you with the Spirit, and guide you in Jesus' name, both now and forever.
- ☑ Amen.

ANNOUNCEMENTS

DISMISSAL

- P** Go in peace. Share the good news.
G Thanks be to God.
P And all God's Children said,
G Amen!

SENDING SONG ELW #768

"Lead Me, Guide Me"

POSTLUDE

Reprinted from *Evangelical Lutheran Worship* copyright © 2006. Resources adapted from *Sundays and Seasons.com*.
Copyright 2016 Augsburg Fortress. All rights reserved.
Reprinted by permission under Augsburg Fortress Liturgies Annual License #SAS026072.
Used by permission of Augsburg Fortress license # 9938-L. CCLI # 671548
Copyright © 2016 Augsburg Fortress. All rights reserved.
New Revised Standard Version Bible, copyright © 1989, Division of Christian Education of the National
Council of the Churches of Christ in the United States of America.
Used by permission. All rights reserved.

FIRST LUTHERAN CHURCH ANNOUNCEMENTS: July 29-30, 2017

MINISTRY OF PRAYER AND CELEBRATION...

HOSPITAL VISITS: Hospital policy prevents the pastors and parish nurse from knowing you are a patient unless at the time of admittance you indicate you are a member of First Lutheran and want to be visited. OR call the church office (320.762.2196) to notify us you are/or will be a patient, or have had a child. Your cooperation in this way helps us greatly. Thank you, Greg, Kari, Ben and Val.

Prayers for those with health concerns: Palmer Bergner, Dave Bennett, Ardis Botner, Arlene Carlson, LaVerne Dyrstad, Bob Hocum, Don Kanten, Steve Knutson, Chuck Knutson, Irene Larson, Kathy Lind, Ted Lohrman, Keith Lundsetter, Evelyn Myrin, Glenda Nelson, Mary Norlien, Harold Olson, Tom Riley, Kathleen Rittenour, Russ Schultz, Rick Swenson, Judy Williams, Lori Zeman

Prayers for the FLC sponsored missionary: Rev. Chandran Paul Martin

Sunday's Radio Broadcast was given by Roger and Ruth Schultz.

Church Events:

- **Outdoor Worship:** Please note that there will be NO outdoor worship this Sunday, July 30 at Carlos State Park or City Park due to both parks being previously booked. City Park worship will be held in the Sanctuary at 11:00am.
- **Baptism Class:** Our next baptism class will be on Monday, August 7 at 6:30pm. If you plan to attend, please call the Church Office at 320.762.2196.
- **Habitat for Humanity Build Day:** Join us as we put the finishing touches on FLC member Kelsey Foshaug's home. The build day will be on Wednesday, August 9 at 8:30am located at 3646 Pawnee Dr., Alexandria.
- **Spirit Fest Golf Scramble (September 10):** Sign up now at the Welcome Center! The day's events will begin at 1:00pm with registration, a shotgun start at 2:00pm, followed by dinner and silent auction at 6:30pm. Four person teams needed. Cost is \$100 per person with \$75 of the registration fee going to the Building Fund. A generous donor will match up to \$10,000 in registration fees.
- **The Giving Tree:** The Giving Tree is up again! Take a "leaf" from the tree, buy one or multiple of that item, and return them to the box in the West Narthex. Our goal is to fill 50 school bags for Lutheran World Relief.

- **Stuff the Bus:** The United Way is collecting donations of school supplies and backpacks in their annual Stuff the Bus drive, to be distributed to registered families. Members of our congregation can help in the collection by purchasing backpacks, spiral notebooks, crayons (24 pack), colored pencils, composition notebooks, washable markers, pens (red, black, and blue), pencils, glue sticks, and loose leaf paper. Drop off at the collection box by the Welcome Center. Backpacks will be filled with supplies and will be available on Wednesday, August 23, from 9:00am-6:00pm and on Thursday, August 24 from 8:00am-5:00pm at the United Way office (503 Hawthorne Street). If you would like to register your child(ren) to receive a backpack, please call the United Way office at 320.834.7800. The final registration date is Friday, August 11. If you have any questions, please call Jen Jabas at 320.834.7800.

Area Events

- **Memorial Butterfly Release:** Hospice of Douglas County invites you to attend this annual event on Wednesday, August 2 from 5:30-6:30pm at Alexandria City Park. You may purchase a butterfly in honor of, or in memory of someone, the evening of the release for \$10 each. Ice cream provided by Cub Foods, Music by Terry Kennedy and Al Liefort. Bring a lawn chair. For more information, please contact Lynn at 320.762.3045.
- **Free Community Art Day:** The Methodist Church off of 6th Ave. is hosting a free community art day on Tuesday, August 8 from 9:00am-12:00pm. There will be demonstrations by the Brush and Palette artists and hands-on stations to try out different techniques. Ages 8 and up with a supervising adult are welcome to join.
- **Caregiver Support Workshop:** Save the date! This workshop is on Thursday, September 21 from 9:00am to 3:30pm at Ecumen Bethany Chapel. The day will include educational sessions to help and support caregivers and lunch. In addition, care for loved ones will be provided by Adult Day Services free of charge for the day.

COMMUNITY PRESCHOOL



REGISTRATION IN PROGRESS FOR THE 2017-2018 SCHOOL YEAR

LEARN MORE @

WWW.COMMUNITYPRESCHOOLALEXANDRIA.COM

CONTACT MELISA SCHUELER:

CONTACT@COMMUNITYPRESCHOOLALEXANDRIA.COM

320.763.5293



BEER & HYMNS

Tuesday, August 15

5:00 - 8:00pm

Copper Trail Brewing Co.

First Lutheran
CHURCH



Feel free to come for all or part of the evening!

Thank You to Those Who Served With Us Today!

Bev Dokken, Connie Fields, Vinal & Kathy Franson, Pat Johnson, Linda & Dan Zismer, Sue Tvrdik, Rochell Gulbranson, Dick & Sandy Telander, Mitch Odland, Linda Brezina, Art Berg, Dianne Schoeneck, Ann Koudela, Loren Liesemeyer, Duane Moe, Bruce & Jodi Belseth, Sally Baumann, Duane Berger

Interested in serving with us next week? The following volunteer positions are available:

Saturday 5:00pm – Greeter (2), Scripture Reader, Coffee Host, Welcome Center Host, Usher (4)
Sunday 8:30am – Greeter (2), Scripture Reader, Communion Assistant (2), Welcome Center Host, Coffee Host, Usher (3)
Sunday 9:45am – Greeter (1), Communion Assistant (2), Coffee Host, Usher (3)
Sunday 11:00am City Park – Usher (2), Coffee Host, Equipment Hauler, Soundboard

Sign up for an available spot in our new Service Opportunities Binder at the Welcome Center; call Steve Heseltine, Shared Ministry Coordinator, at 320-762-2196; or online through the Sign Up Genius.

Attendance Numbers for Worship July 22-23:

(5) 95 (8) 107 (9) 135 (10-Carlos) 41 (11) 431 – Total Last Week = 809

Financial Snap Shot



Did You Know?

In Philippians 4:11-13 Paul tells us, "Not that I am referring to being in need; for I have learned to be content with whatever I have. I know what it is to have little, and I know what it is to have plenty. In any and all circumstances I have learned the secret of being well-fed and of going hungry, of having plenty and of being in need. I can do all things through him who strengthens me."

Budgeted Weekly Need: \$22,995

Income last week: \$24,993

Expense last week: \$37,612

*An error was made in last week's financial snapshot, the income was stated incorrectly. The correct amount is \$10,636.

Budgeted Weekly Need: \$22,995

Income for week of July 10-16: \$10,636

Expense for week of July 10-16: \$10,141

WEEK AHEAD: July 30 - August 6, 2017 CALENDAR

Day/Date	Time	Activity	Room/Location
Sunday, July 30	8:30 am	Worship & Prayers for Healing	Sanctuary
	9:45 am	Worship & Prayers for Healing	Sanctuary
	10:30 am	NO Outdoor Worship at Lake Carlos State Park	----
	11:00 am	Worship & Prayers for Healing	Sanctuary
		NO Outdoor Worship at City Park	----
Monday, July 31	8:30 am	Offering Team (DJP)	Meeting Place
Tuesday, August 1	9:00 am	Library Committee	Library
	10:00 am	Staff Meeting	Meeting Place
	12:00 pm	Doo-Wop Rehearsal	Choir Room
	12:30 pm	Mission Board Meeting	Family Room
	2:30 pm	Gospel 4+	Sanctuary
	5:15 pm	Shared Ministry Board Meeting	Meeting Place
	6:00 pm	Boy Scout Leader Meeting	Fellowship Hall
Wednesday, August 2	8:30 am	Program Staff Meeting	Meeting Place
	9:30 am	Parents Share	Family Room
	10:00 am	Staff Coffee	Meeting Place
	1:00 pm	Day at the Lake (6th-12th)	Kim's Parents House
	1:30 pm	Communion	@Arabella Manor 1
	2:00 pm	Communion	@Arabella Manor 2
Thursday, August 3	7:00 am	Women's Bible Study	Family Room
	8:45 am	Staff Prayer	Meeting Place
	1:30 pm	Care Team Meeting	Meeting Place
Friday, August 4	7:00 am	Men's Study	@The Depot
	12:00 pm	Bulletin Announcements Due	Church Office
Saturday, August 5	5:00 pm	Worship	
Sunday, August 6	8:30 am	Worship w/Communion	Sanctuary
	9:45 am	Worship w/Communion	Sanctuary
	10:30 am	Outdoor Worship	@Lake Carolos State Park
	11:00 am	Outdoor Worship w/Communion	@City Park
	6:00 pm	4H Meeting	Den/Youth Room

WEEK AHEAD: July 30 - August 6, 2017 CALENDAR