

# CONNECTING FAITH AND LIFE

FAITH FORMATION FOR CHILDREN | YOUTH | FAMILY | ADULT

## KEY POINT

The life of faith isn't without times of struggle, uncertainty, and fear.

When we can't see anything but the obstacles in front of us, God meets us where we are and creates a way forward.

## KEY VERSE

Exodus 13:3

Moses said to the people, "Remember this day on which you came out of Egypt, out of the house of slavery, because the Lord brought you out from there by strength of hand."

## CONNECT

Share highs and lows

## READ

Exodus 12:13, 13:1-8

Storybook Bible - page 78 (The Plagues)

## SHARE

- What is a family story gets told and retold year after year?
- When you catch yourself doing something you probably shouldn't do, after asking for forgiveness, how will you celebrate that God forgives our sins?

## DO

### SET FREE

*Supplies: leader questions*

Play a game of reverse freeze tag. One person is "it" and everyone else freezes until the "it" person comes to set you free. The "it" person will ask, do you want to be set free? Yes or No. If you answer yes, you will need to answer a trivia question. The leader will ask the questions. (see attached).

- Who gave the Israelites God's instructions about Passover? [Moses.]
- What meat did the Israelites have to eat for Passover dinner? [Lamb.]
- Why were the Israelites to put blood around their door? [So danger would pass over their homes.]

- What did God do for the Israelites at Passover? [God set them free.]
- Who held the Israelites captive? [The Egyptians.]
- Why did God want the Israelites to remember Passover? [So that they would always know that their God is the God who delivered them.]

### MATCHING GAME

*Supplies: memory game/deck of cards*

God told the Israelites to always remember that God was there for them. Let's see how well you remember which pairs match in this matching game. Play a matching game. Use hand sanitizer after playing your game.

## TOTAL RECALL

*Supplies: image sheets X 2, blank paper, paper and pen for each pair*

1. Remembering is a very important part of today's lesson. We have seen that there are all kinds of ways that we can involve our senses in remembering the important stories of God's activity in our lives. For this activity we are going to play a game of "Memory."
2. Bring out the sheet of images—making sure it stays covered. On this sheet, there are a number of items. In pairs I will invite you up and reveal the sheet for only ten seconds. In that time it is your job to remember how many items there are, what the items are, and where they are. You will then write down what you remember on your paper. After everyone has had a chance to view the sheet, we will compare notes and see who remembered the most accurately.
3. Pass out paper and pens or pencils to each pair. Invite the youth to view the images in pairs or in groups of three (be sure all can view the tray clearly at one time). Remember to allow only ten seconds per view.
4. After the group compares notes, ask what made it difficult to remember all of the things and where they were located. Was anything easy? With only ten seconds and things to remember, it can be a lot for one person to remember. Brainstorm ways the group could work together to remember. [One person could be in charge of counting, another person remembering what the items are, and another where the items are located. Or the group could divide the sheet into quadrants and only identify the items in their assigned area.]
5. If the group would like to try again while using strategies they brainstormed from step four, use the 2nd sheet to play again.

## SHARE IT

*Supplies: paper and pen for each person*

Share, write, or draw about an experience when you were set free from something. Perhaps this was a fear, an illness, a difficult situation, or something else you were relieved to be delivered from.

## **PRAY**

God deliver me from sin. God deliver me from evil. God deliver me from wrongdoings. God deliver me into your hands, I pray. Amen.

## **BLESS**

Share this verbal blessing with one another: "God saved you through our Lord Jesus Christ. Amen."





