## CHILD CARE PROGRAM PLAN

- 1. Children will be supervised at all times.
- 2. Classes will be held for children age 3 by January 1<sup>st</sup> of current school year up to the age at which they attend kindergarten. Three year old classes can include 20 children. We plan to limit enrollment to 15 children with some possible exceptions. Ex: a family with twins needs to register for the same class and the nature of the class is suitable for more than 15 children. Four and five year old classes may have up to 20 children.
- 3. The program will operate from September to May, five days a week. MWTH 7:15am-5:15pm. Tues/Fri 7:15am-3:15pm.
- 4. Traditional educational methods will be used to prepare children for entrance into elementary school. Spontaneous as well as planned activities will be a part of the program. Both structured and unstructured whole group, small group, and individual activities will be used to help children adjust to a school situation and to help them develop a positive self-concept. There will be no political or philosophical basis for instruction, but a Christian atmosphere will be maintained in the classroom.
- 5. The child care program plan will be developed by a qualified teacher on the staff. A qualified staff person shall evaluate it annually.
- 6. The goal of the preschool shall be to enhance each child's self-concept and to stimulate his or her intellectual, social, emotional and physical development through activities within a group environment in a manner consistent with the child's maturity level and cultural background; and to help the child gain a positive attitude toward school.
- 7. The following activities shall be used to enhance the development of the children:

INTELLECTUAL DEVELOPMENT – The children will be stimulated intellectually by activities that encourage discovery and exploration to help them develop the ability to acquire knowledge and solve problems. During playtime, children will be free to choose their own individual or small group activities. Creativity will be stressed and an interest and enjoyment of the arts will be promoted through a variety of art and music activities. Children will be given opportunities to follow directions and will be exposed to such academic knowledge as age, interest and opportunity dictate.

SOCIAL DEVELOPMENT – Social development shall be stimulated by having the children interact with others in individual, small group and whole group situations. Activities will be planned to foster listening when others talk, sharing, and being considerate of others. Verbal and communication skills will be stressed, and the children will be helped to use these skills in resolving any differences they may have with their peers.

EMOTIONAL DEVELOPMENT – To help children develop emotionally, they will be aided in taking responsibility for their actions and belongings as well as school equipment and the school environment. Help will be available if needed, but children will be encouraged to do things for themselves; to become as independent as possible. Children shall be aided in identifying and discussing their feelings during social interaction in all classes.

PHYSICAL DEVELOPMENT – Physical development will be fostered through a variety of both large and small muscle activities, both structured and unstructured. Large muscle stimulation will include both indoor and outdoor activities.

- 8. The intellectual, physical, social and emotional progress of each child will be documented in the child's record and conveyed to the parent during the child's conferences and in a progress report sent home in the spring.
- 9. A schedule of daily activities which includes both indoor and outdoor activities (when the weather is such that outdoor activity is feasible) will be posted in the room. In general, at least an hour of each session will be devoted to free choice activities. The children will be encouraged to try art and other creative and discovery type activities during this time. The remainder of the session will be more structured. The structured time will include activities such as clean-up time, songs, finger plays and other circle time activities, snack time, movement activities, games, stories and rhythm band. Outdoor activities when the weather permits, will usually be the last activity of the session. Outdoor time includes: playground, group games, riding bikes and playground trucks and balls.
- 10. The daily schedule for Preschool 1 and Preschool Room 2 can be found following this page.
- 11. During playtime, children will be offered and encouraged to try both quiet and active individual and small group activities which will be mostly child initiated. During structured time of the session, there will be both quiet and active large and small group activities which will be mostly teacher directed. Outdoor play will be mostly child directed. Activities during playtime will include but will not be limited to: puzzles, creative art supplies, painting at the easel, block area, dramatic play area, and sensory table exploration.
- 12. Children will be provided with a variety of activities that require the use of varied equipment and materials.

- 13. Children who attend before school care are/or lunch are encouraged to bring a meal that consists of all the food groups. Foods to supplement missing areas will be available at the preschool when needed.
- 14. The child care program plan will be available for parents to review on request as well as available in our handbook.